



connecting spaces

Terms & Conditions

Insurances & Liability

You carry the responsibility for your insurances

With your registration, you confirm that you are insured for the trip, including:

- Travel/trip cancellation;
- Costs occurring through accidents and illness during the trip, including rescue flights out of the area (up to 5500 m.asl) and back to your home.
- Any travel/holiday insurance you may personally require (e.g. your baggage).

Liability

You are fully liable for your self, your actions, your baggage and your valuables. You are aware of the fact that Monika Schaffner, our local crew, as well as our hosts in Nepal are not liable for material or personal damage nor for the loss of valuables.

Medical issues

The crew carries a comprehensive first-aid kit including oxygen cylinder for emergencies. If you require any specific medicine, it is your responsibility to bring this with you. In case you suffer from medical or mental difficulties, please let me know in advance, so that we can adequately take these into account while we are travelling as a group.

safetravel.ch recommends the following vaccinations for Nepal: diphtery, tetanus, poliomyelitis, measles, hepatitis A. Unless explicitly stated, we will not travel in malaria risk areas.

Costs & Registration

The tour costs are calculated on basis of group size and include the following services:

Tour costs include

- Tour preparation and organisation, preparatory meetings/calls, guiding and coaching on the tour by [Monika Schaffner](#).
- Local english-speaking guide, porters (1 porter for 2 clients) and their insurances
- Inland transportation according to the tour: domestic flights, private vehicles, taxis
- Accomodation in double room / double tent (single room / tents on request, subject to availability), meals according to the program (B, L, D as freshly prepared meals on trek)
- All required trekking permits, entry fees for national park, temples, monasteries
- Camping gear including tents, mattresses, one water proof duffelbag per pers., cooking utensils
- Comprehensive first aid kit with oxygen cylinder; satellite phone for emergencies

Tour costs exclude

- International airfaire to Kathmandu (flight Zürich - Kathmandu is at approx. CHF 900)
- Visa Nepal (USD 25/15 days; USD 40/30 days; USD 100/90 days): available on arrival at Kathmandu airport.
- All personal insurances (see "Insurances & Liability")
- Personal expenses including all alcoholic drinks, tips, souvenirs
- Personal trekking equipment including sleeping bag, clothes, personal requirements
- Individual trips and food which are not included in the tour program
- Any extra, unpreviewed costs in case of natural calamities



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Registration & Payment

- Advance payment of 30% of the tour costs, payable at time of booking, This confirms your booking and reserves your place on the tour.
- The remaining tour costs are payable 6 weeks before tour start.
- The total tour costs will be defined as per the number of participants who have signed up at the time of 6 weeks before the tour.

Cancellation policy

in case you need to cancel your trip beforehand (includes accidents or illness)

- If you organise a person to replace you: Administrative costs of CHF 225 will be charged.
- If no replacement is found: no payback of the costs you have already payed until that date.
- If you leave the tour early: no payback of costs.

In case I need to cancel the tour beforehand

Complete payback of your advance payment.

This can occur e.g.

- in case of accident/illness (of Monika or close family members)
- if the [FDFA](https://www.dfae.admin.ch/eda/de/home/vertretungen-und-reisehinweise/nepal.html) of Switzerland advises not to travel to the country (<https://www.dfae.admin.ch/eda/de/home/vertretungen-und-reisehinweise/nepal.html>)

Program changes

Going with the flow

Unpredictable events can lead to short-term changes in our schedule. E.g., domestic flight delays/cancellations due to low visibility or bad weather, transportation strikes, delays due to traffic jam or bad weather conditions, health problems or height acclimatization in the group.

Personally, I perceive program changes as an invitation to learn to trust that from an overarching viewpoint, everything will work out well - even though our mind may not understand how and why. To ensure we all will reach our return flight at the end of our tour, the tour schedule includes buffer days.

Bank account for payments

Alternative Bank Schweiz, Amthausquai 21, 4601 Olten, Switzerland

IBAN: CH38 0839 0030 1992 1010 0

BIC: ABSOCH22

Address: Monika Schaffner, Tannenbühlweg 2, 3652 Hilterfingen, Switzerland